

Community Based Rehabilitation

The Makkala Arogya Sangha (Self Help Group) in Hari Colony, Banshankari has 15 members. Noor Jahan is an active member of the group. She is present at all meetings and involves herself in helping the other members of the group as and when required. Noor is respected and valued member of the group.

Noor is proud of what she has achieved today as this was not the case a few years ago. Married and a mother of 3, Noor was in her early 20's when she had a stroke. The effects of the stroke left her in a debilitating condition. She was unable to look after herself and had to take her daughter out of school to help her in all her activities as well as the household chores. Her husband started neglecting her, as well as his responsibilities towards the family. Many a day, Noor and her daughter have had to feed the family with a meager sum of Rs.5/- that her husband would dole out as daily expenses.

Noor was identified by the CBR field team and encouraged to take physiotherapy sessions. She was also motivated to enroll herself as a member of the Self Help Group.

Noor gradually started availing the benefits of the Self Help Group. Through a loan, she bought her husband a "tonga"(horse driven cart for carrying goods). This ensured a steady income into the household. Noor and her family could eat better meals as her husband brought in more money.

Today, Noor has paid off a significant amount of money she had borrowed from the SHG. Regular therapy has also helped. She manages most of the house work herself and so her daughter is back in school.



Activities		No. of people accessing the service	
Health	Prevention	Pre-Natal & Ante Natal Care	179
		0-5 years immunization follow up	154
		Supplementary Nutrition for Malnourished children	131
	Rehabilitation	Corrective Surgery	23
		Aids & Appliances	119
		Home Based Therapy	84
Education	Children going to regular school		118
	Children going to special school		59
	Children attending coaching class		386
	Children attending computer class		123
Livelihood	Income Generation programme		22
	Open Employment		5
	Empowerment		
	No of Self Help Groups		20
	No. of Members		303
Social & Recreational	Sports Event		118
	Cultural Event		73
	Picnic		133
	Play Group		86